

# Derby Adult Learning Service

Learning Opportunities for Adults

## Learn with us!

We have a range of **FREE** sessions, programmes and courses to support you, whatever your situation.



### What do we offer?

- **English, Maths, ICT:** Our 'Fast Track' Courses will help you achieve a qualification and progress quickly. We also run helpful short sessions in online safety, a range of digital skills, and budget management.
- **ESOL (English for Speakers of Other Languages)** – learn to speak, read, and write English with us, boosting your skills and confidence.
- **Health, Wellbeing and Leisure** – try our virtual trips to interesting places, Drawing for Relaxation, Creative Arts, Chess, Mental Health, Stress Awareness and Resilience courses, Tai Chi, Yoga and Gentle Exercise, and languages (including foreign languages and Sign Language).
- **Employment and Career** - Are you furloughed, at risk of redundancy, unemployed or just want to develop your career? Our Employability Team will help you whatever your job and career needs. We have sessions to help you with CVs, application forms and interviews. Want to work in a specific sector? Try our **Getting Into** programmes: we will support you every step of the way to secure a job.

Visit our website to view our full range of courses - [www.adult-learning-derby.org.uk](http://www.adult-learning-derby.org.uk)

**Enrol online today or phone 01332 956 565!**

For more information talk to one of our team today:

**Tel:** 01332 956565 or **Text Relay:** 18001 01332 956565

**Web:** [www.adult-learning-derby.org.uk](http://www.adult-learning-derby.org.uk)

**Email:** [DALSenquiries@derby.gov.uk](mailto:DALSenquiries@derby.gov.uk)

**Twitter:** @Dalsderby

**Sign Language:** [www.derby.gov.uk/signing-service/](http://www.derby.gov.uk/signing-service/)

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Derby City Council